

Sushi, Sashimi & Appetizers

Sushi Rolls (8 pieces)

Vegetarian Roll (V) Cucumber, Arugula, Avocado, Garlic Mayo	220
Volcano Roll Cucumber, Salmon, Cheese	220
Dragon Roll Prawn, Avocado, Crab Stick, Wasabi & Mayonnaise	220
Spider Roll Cucumber, Mango, Soft Shell Crab, Sesame Seed & Mayonnaise	220
California Maki Crab Stick, Avocado, Cucumber, Mango, Japanese Mayo	240
Rainbow Roll 🌸 3 kinds of Fish, Mango, Cucumber, Avocado, Japanese Mayo	240
The H Roll 🌸 Tuna, Asparagus, Spicy Mayo	280
Orange Blossom Roll Salmon, Cream Cheese, Avocado, Asparagus	280
Smokey Roll 🌸 Smoked Sword Fish, Cream Cheese, Mango, Asparagus, Cucumber	320
Tempura Crispy Roll Tempura Shrimps, Crab Stick, Cucumber & Spicy Mayo	320

Sashimi & Nigiri

Salmon Nigiri (6 Pieces)	210
Tuna Nigiri (6 Pieces)	210
Gonkan Boat Tuna (4 Pieces)	210
Gonkan Boat Salmon (4 Pieces)	210
Gonkan Boat Crab (4 Pieces)	210
Salmon Sashimi	270
Tuna Sashimi 🌸	270
Captain Blanc 🌸	270

Appetizers

Miso Soup (V) Tofu, Spring onions, Japanese Seaweed	190
Prawn Tempura Battered, Deep Fried Prawns, Tempura Sauce	280
Salmon & Crab Salad With Cucumber, Avocado, Spicy Mayo	280
Tuna Tataki 🌸 Seared Tuna with Ginger, Red Onions, Spring Onion & Tataki Sauce	390

All Prices are in Seychellois Rupees; inclusive of 10% Service Charge & 15% Government Tax

🌸 Locally Inspired

(V) Suitable for Vegetarians

The Art of Teppanyaki

Teppanyaki is a unique culinary art prepared before your eyes on a hot iron griddle. Our specially trained chef will cook your food to perfection using light seasoning and fresh ingredients for both your entertainment and palatable pleasure. To be shared with friends and family we are delighted that you join us for a night of artistic and entertaining Japanese cuisine

From the Teppanyaki Grill

Tenderloin Steak	490
Rib Eye Steak	550
Salmon Steak	550
Chicken Katsu	380
Yellow Fin Tuna 🌸	480
Prawns	550
Calamari 🌸	390
Hibachi vegetables and Tofu (V)	280

All Teppanyaki Meat Order Accompanied By a Stir Fried Soba Noodles & Seafood Order is Accompanied By a Garlic Fried Rice.

Teppanyaki Combo's

Meat Lovers	450
Ribeye & Chicken Katsu Served with Stir Fried Soba Noodles	
The H Resort Combo	690
Tenderloin Steak & Prawns Served with Stir Fried Soba Noodles	
Seafood Lovers	990
Yellow Fin Tuna, Prawn & Lobster Served with Garlic Fried Rice	
Shellfish Combo	990
Prawn & Lobster Served with Garlic Fried Rice	

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Desserts & Digestives

For Your Sweet Tooth

Japanese Sponge Cake With Matcha Ice Cream	235
Cinnamon muffin With Azuki Bean Ice Cream	235
Banana Spring Caramel Sauce	235

To Round Up Your Dining Experience

Baileys	120
Amarula	120
Sambuca	120
Fernet Branca	120
Fino Palomino Sherry	130

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